

## Hyannis Yacht Club Youth Program Code of Conduct

### **2021- 2024 Racing Rules of Sailing:**

#### **Section C MISCONDUCT**

#### **69. MISCONDUCT**

#### **69.1. Obligation not to Commit Misconduct; Resolution**

- **A competitor, boat owner or *support person* shall not commit an act of misconduct.**
- **Misconduct is:**
  - 1. conduct that is a breach of good manners, a breach of good sportsmanship, or unethical behavior; or**
  - 2. conduct that may bring, or has brought, the sport into disrepute.**

Hyannis Yacht Club strives to create and maintain an environment in which people are treated with dignity, decency and respect. Hyannis Yacht Club takes pride in strictly adhering to Rule 69.1 in the Racing Rules of Sailing regarding misconduct. The environment of the Hyannis Yacht Club is one characterized by mutual trust with the absence of intimidation, oppression and exploitation, therefore, Hyannis Yacht Club will not tolerate harassment, including bullying, sexual harassment, or discrimination of any kind. For purposes of this policy, harassment is any verbal or physical conduct designed to threaten, intimidate or coerce an individual or group of people. Please see additional examples below.

Through commitment to and enforcement of this policy, Hyannis Yacht Club seeks to prevent, correct and discipline behavior that violates this policy.

If you, or anyone that you know, are being bullied, harassed, and/or sexually harassed, please report immediately to an instructor, Club personnel, parent, or other trusted adult.

### **What is Bullying?**

- Teasing that is intentionally hurtful
- Calling names, swearing at, or putting someone or their ideas down
- Threatening or physically harming someone (hitting, shoving, kicking, punching, or pulling hair)
- Leaving someone out or ignoring them
- Telling lies or spreading stories about others
- Making fun of how someone looks or what they wear
- Taking or hiding someone's belongings
- Forcing someone to do something they don't want to do

## **What is Sexual Harassment?**

- Conducting behavior of a sexual nature (physical, verbal and non-verbal), which is unwanted or unwelcome, or makes a person feel offended, humiliated and/or intimidated.

## **What can you do if you or someone you know is being bullied?**

- Talk to a trusted adult about the situation immediately. This can be an instructor, parent, grandparent, or other adult you trust.
- Do not respond or retaliate against the individual.
- Do not ignore what is happening. Do not let behaviors that seem small keep happening, because they most likely will get worse instead of better. Tell the offender that you dislike their behavior and that you need it to stop immediately.
- Do not let someone accuse you of not having a sense of humor, you are simply asking to be treated with respect.
- Do not blame yourself for what is happening (for example, what you were wearing when the incident happened). It is the bully who is responsible for what is happening.
- Even if you are not the victim, do not be afraid to speak up when you see it happening. Tell someone when you think his or her behavior or jokes are inappropriate. ("I don't find that funny." or "I don't like that. It's not cool with me.")