



## HYANNIS YACHT CLUB

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### HYC Youth Program Pre-Season Clinics 2022

After a successful launch in June 2021 of the Pre-Season Youth Clinics, our 2022 Clinics are ready to open for registration. Our Clinics are open to all sailors whether you are enrolled in our program or not. Registration is on a first come/first served basis, so sign up right away!

HYC is hosting the Sunfish North American Regatta June 15-18 so we have to work around that. We're also hosting a US Sailing Level 1 Instructor's Training June 11-12 which uses our 420's.

Check the Youth Sailing Page [Youth Sailing - Hyannis Yacht Club](#) to determine your sailing skill levels and our [Program FAQ - Hyannis Yacht Club](#) for our Program Rules and Standards.

#### 420 Race Team June 4<sup>th</sup> and June 5<sup>th</sup> 10:30am to 3:30pm

All you high school sailors: it's time to break out the spinnakers and trapezes. This is a great chance to work in a small group on your sailing knowledge and techniques. We'll use the HYC 420's, check out the equipment and make sure you know how it all works. Get out on the water for some drills, practice starts and mark roundings with a spinnaker. Help us prepare for a great season of racing on the HYC Race Team at plenty of Regattas around the area. Let's get the best team out there and win some races! Lunch will be provided.

#### Opti 3&4 Clinics: June 11th and June 12th from 9am-12pm

Opti 3 and Opti 4 sailors, get your boat ready to sail fast! Rig your boat and make sure it is ready to race. Learn some techniques to sail your boat faster and get ahead of the fleet and stay there. With the right weather, we'll do some practice drills and even line up for a start.

#### Opti 1&2 Clinics: June 19th and June 26th from 9am-12pm

Opti Beginner, corresponding to our Opti 1 and Opti 2 level sailors in our program. Bring your boat, and practice rigging it. Let us help you make sure you have all the right parts and where they all go. Learn the names of the parts of your boat, points of sail, how to read the wind and weather, and how to set your sail to leave the shore and return safely. Parents are welcome.

#### Laser Learn to Sail Clinics: June 26th, 1:00- 4:00 pm

Would you like to learn to sail a Laser? You must weight a minimum of 100 pounds! Join this clinic, learn how to rig and try sailing a laser. The clinic will follow the Sunday One Design Race Series.

#### Registration

Please read this page about Registration: [Youth Registration - Hyannis Yacht Club](#). You'll find a link in there to register for all classes including Pre-season Clinics.